

## CURRICULUM VITAE



### Mahdiyeh Salehi

Female, **1988**, Iran | Married, Two Children |

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Dr. Mahdiah Salehi is a dedicated psychiatrist with a specialization in child and adolescent psychiatry. At the age of 36, she holds a M.D. in Psychiatry from Iran University of Medical Sciences, where she was a faculty member.

Her journey in psychiatry began with a strong academic foundation, excelling throughout her residency, where she consistently ranked first among her peers. Her commitment to mental health research is evident in her numerous publications, which include studies on dementia caregiving. She has also contributed to international journals such as the *International Journal of Trichology* and *Applied Neuropsychology*.

As a lecturer and educator, Dr. Salehi has shared her expertise at national and international conferences, discussing a wide range of topics from community-based mental health initiatives to the psychological effects of the COVID-19 pandemic. Her work on grief counseling and mental health interventions during crises has earned her recognition in both academic and clinical settings.

In addition to her research and teaching roles, Dr. Salehi has authored and translated several books, including one on child mental health during pandemics, and contributed to psychiatric texts widely used by professionals in the field.

Fluent in English and basic in French, Dr. Salehi's skills extend beyond clinical work—she is proficient in using various research and data analysis tools such as SPSS and EndNote. Her dedication to continuous learning is reflected in the numerous specialized workshops she has completed, including those on cognitive rehabilitation, couples therapy, and psychoanalysis.

Dr. Salehi's career is marked by a blend of clinical expertise, academic excellence, and a deep commitment to advancing mental health care, particularly for children and adolescents.

## ACADEMIC PROFILE

- **Academic Position:** Faculty Member, Iran University of Medical Sciences
- **Academic Degree:** Fellowship in child and adolescence psychiatry
- **University:** Tehran university of medical science
- **Hospital:** Roozbeh Psychiatry Hospital
- **Research Center:**
- **ORCID:** <https://orcid.org/0000-0002-5868-4658>
- **Google Scholar Profile:** <https://scholar.google.com/citations?user=W71FowlAAAAJ&hl=en&oi=ao>
- **PubMed Articles:** [Perceived burden of dementia care, clinical, psychological and demographic characteristics of patients and primary caregivers in Iran - PubMed](#)

## EDUCATIONS

- **High school diploma,** 2004-2008: Empirical Science, Iran
- **Professional licensure: GP,** 2007-2016, Tehran Medical University of science, Iran
- **MD:** [2016-2020]: Subspeciality of Psychiatry, Iran Medical University, Iran
- **Fellowship** in child and adolescence psychiatry, 2022-2024, Tehran Medical University of science, Iran

## SKILLS

- **Computer Sciences:** Proficient in Office, EndNote, SPSS, Camtasia, AI
- **Research Knowledges:** Advanced
- **Laboratory Techniques:** -

## PROFESSIONAL MEMBERSHIPS

- 2020-2022: Member of Professor Assistant in Medical University of Iran
- 2016-Present: Member of Iranian Medical Association, Medical Council Number: 151281

## CLINICAL EXPERIENCES

1. 2020-2022: School of Behavioral Sciences and Mental Health, Iran University of Medical Science, Tehran, Iran

## MANAGEMENT EXPERIENCES

1. 2021-2022: Psychiatric Child Ward, Aliasghar Hospital, Tehran, Iran

## TEACHING EXPERIENCES

1. Health Psychology, 2020-2022, Iran University of Medical Science, Tehran, Iran
2. Sexual Health Psychology, 2020-2022, Iran University of Medical Science, Tehran, Iran
3. Psycho Pharmacology, 2020-2022, Iran University of Medical Science, Tehran, Iran
4. Clinical Psychology, 2020-2022, Iran University of Medical Science, Tehran, Iran
5. Physical and Mental health, 2020-2022, Iran University of Medical Science, Tehran, Iran
6. Psychiatry in obstetrical, 2020-2022, Iran University of Medical Science, Tehran, Iran

## WORKSHOPS AND TRAINING COURSES

1. [Completed specialized in cognitive rehabilitation], [2021], [Iran University of Medical Science], [Tehran], [Iran]
2. Couples therapy, [2020], [Iran University of Medical Science], [Tehran], [Iran]
3. Psychoanalysis], [2020], [Iran University of Medical Science], [Tehran], [Iran]
4. CBT, Child anxiety disorders], [2021], [Tehran university of medical science], [Tehran], [Iran]

5. Schema Therapy, Children], [2022], [Tehran university of medical science], [Tehran], [Iran]
6. Child sexual Health], [2022], [Tehran university of medical science], [Tehran], [Iran]
7. [Social skills training in ASD ],[2022], [Tehran university of medical science], [Tehran], [Iran]
8. [ADHD coaching], [2023], [Tehran university of medical science], [Tehran], [Iran]

#### **HONORS AND AWARDS**

1. [First Ranking in Psychiatry residency], [2016-2020], [Iran University of Medical Science], [Tehran], [Iran]
2. Fourth Ranking in Psychiatric Board Exam], [2020], [Tehran], [Iran]

#### **MEETINGS AND CONGRESSES**

1. Lecturer at national conferences on topics like COVID-19 psychological effects, community-based mental health, addiction, Child Psychiatry

#### **PUBLISHED ARTICLES**

1. Kamalzadeh L, Salehi M, Rashedi V, Ahmadzad Asl M, Malakouti SK, Seddigh R, Almasi-Doghaee M, Shariati B. Perceived burden of dementia care, clinical, psychological and demographic characteristics of patients and primary caregivers in Iran. *Applied Neuropsychology: Adult.* 2022 Jul 4;29(4):627-38.
2. Mahmoudi H, Salehi M, Moghadas S, Ghandi N, Teimourpour A, Daneshpazhooh M. Dermoscopic findings in 126 patients with alopecia areata: A cross-sectional study. *International journal of trichology.* 2018 May 1;10(3):118-23.
3. Rajab A, Shafizadeh M, Nakhjavani M, Vahabie AH, Salehi M, Zarei S, Memari A, Mirfazeli FS. Digit ratio (2D: 4D) a possible biomarker for cognitive style: A study on Iranian engineering and mathematics university students. *Personality and Individual Differences.* 2021 Apr 1;172:110575.
4. Salehi M, Seddigh R, Rashedi V, Almasi Dooghaee M, Kamalzadeh L, Shariati B. The Relationship Between Spiritual Well-Being and Care Burden in Unofficial Caregivers of Elderly Patients With Dementia. *Iranian Journal of Psychiatry and Clinical Psychology.* 2020 Apr 10;26(1):64-75.

- Citations            73        67
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#### **BOOKS**

1. Authorship of Children Mental Health during crisis Covid-19
2. Translation of the Book of Signs and Symptoms from Clinical to Diagnosis: An Approach Evidence-based
3. Translation of the book; what to do in times of stress?